

# Update in medicine



28 April 2026 | Newcastle

CPD code: 155060

6 CPD  
credits

Programme

- 08:15** Registration and refreshments
- 
- 09:10** **Welcome and introduction**  
Dr Anita Jones FRCP, RCP regional adviser, Northern
- 
- 09:15** **Session 1**  
Chair – Dr Anita Jones FRCP
- 
- 09:20** **Management of chronic kidney disease – update on new pharmacological developments**  
Dr Shalabh Srivastava, consultant interventional nephrologist,  
South Tyneside and Sunderland NHS Foundation Trust
- 09:55** **Practical Parkinson's**  
Dr Neil Archibald FRCP, consultant neurologist,  
South Tees Hospitals NHS Foundation Trust
- 10:30** **Falls: Diagnoses not to make and not to miss**  
Dr Nigel Stout, consultant physician and geriatrician,  
South Tyneside and Sunderland NHS Trust
- 
- 11:05** Comfort break
- 
- 11:30** **Session 2**  
Chair – Dr Bilal Jijah, FRCP, RCP regional adviser, Northern
- 
- 11:35** **Screening, prevention and early diagnosis of colorectal cancer**  
Professor Colin Rees FRCP, professor of gastroenterology at Newcastle  
University, president, British Society of Gastroenterology
- 12:05** **Postgraduate medical education update**  
Dr Dawn Ashley, interim postgraduate dean and consultant acute physician,  
University Hospital of North Tees
- 12:35** **RCP update**  
Professor Mumtaz Patel PRCP, RCP President  
Dr Omar Mustafa FRCP, RCP registrar

Hilton Newcastle Gateshead, Bottle Bank, Gateshead NE8 2AR

*Sponsored by Pfizer. The sponsor was not involved in the organisation or the content of this conference.*



---

12:55 Lunch

---

13:45 **Session 3**  
Chair – Dr Sath Nag FRCP, RCP regional adviser, Northern

---

13:50 **TB for acute physicians**  
Dr Nick Scriven FRCP, consultant acute and general medicine,  
Calderdale and Huddersfield NHS Foundation

*This talk has been supported by the Mitchell Trust*

14:25 **Putting teeth into LGBTQ+ healthcare: Beyond GUM and across the life course**  
Dr Dan Bailey FRCP, consultant geriatrician,  
King's College Hospital NHS Foundation Trust

15:00 **Pneumonia in people with learning disability**  
Dr Hilary Tedd, consultant respiratory physician,  
The Newcastle upon Tyne Hospitals NHS Foundation Trust

---

15:35 Comfort break

---

15:50 **Session 4**  
Chair Dr Thea Preston, RCP SAS doctor Committee representative, Northern

---

15:55 **Fever in the returning traveller**  
Dr John Williams FRCP, consultant in infectious diseases,  
South Tees University Hospital NHS Foundation Trust

16:30 **Valvular heart disease in the TAVI era: What every physician should know**  
Dr Shaza AK Bashir, consultant cardiologist,  
South Tyneside and Sunderland NHS Foundation Trust

---

17:05 **Conference closing comments**  
Dr Anita Jones, FRCP, RCP regional adviser, Northern

---

17:10 Close of conference

---

**Please note this programme may be subject to change.**

Any presentations shown at this event have been produced by the individual speakers.  
As such they are not owned by, and do not necessarily represent the views of, the RCP



## Your regional representatives in the Northern region

### Regional advisers

Dr Anita Jones, Sunderland Royal Hospital  
Dr Sath Nag, The James Cook University Hospital  
Dr Bilal Jajah, Darlington Memorial Hospital

### New Consultants Committee

Vacancy

### SAS Regional Representative Network

Dr Thea Preston, Queen Elizabeth Hospital

### Resident Doctor Committee

Dr Samuel Hay  
Dr Nahaboo Solim

### Student and Foundation Doctor Network

Aditya Thakur  
Elliot Lewis-Douglas

\*If you are interested in the above vacancies, please get in touch.

### Enquiries:

Tetyana Spetch, RCP regional manager (Northern)  
Email: [Northern@rcp.ac.uk](mailto:Northern@rcp.ac.uk)  
Tel: 01904 949 526

