

Update in medicine



17 June 2026 | Exeter

CPD code:

6 CPD
credits

Programme

08:00 Registration and refreshments

09:00 **Welcome and introduction**
Dr Sanjeev Gupta FRCP, RCP regional adviser, Peninsula

09:05 **Session 1 – ‘I can’t breathe...’ respiratory challenges**
Chair – Dr Andria Merrison FRCP, RCP regional adviser, Severn

09:10 **Asthma management: acute/severe update**
Dr Gemma Hayes FRCP, consultant in respiratory medicine, University Hospitals Plymouth NHS Trust

09:45 **Non-invasive respiratory support: what you really need to know**
Dr Katrina Curtis FRCP, consultant respiratory physician, University Hospitals Bristol and Weston NHS Foundation Trust

10:20 **ICU for the physician: practical update**
Speaker to be confirmed

10:55 Comfort break

11:25 **Session 2 – Acute care and emergency updates**
Chair – Dr Roland Boey FRCP, RCP regional adviser, Peninsula

11:30 **What else can you do with a medical degree? Win a world cup?**
Dr Lewis Jones, consultant in emergency medicine, Royal Devon University Healthcare NHS Foundation Trust; team doctor, England Red Roses Rugby team

12:05 **Haematological emergencies for acute physicians**
Dr Sarah Wheeldon, consultant in haematology and transfusion medicine, Royal Devon University NHS Foundation Trust

12:40 **RCP update**

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13:00	Lunch
13:50	Session 3 – From ascites to acute kidney injury: diagnostic pitfalls and infectious mimics Chair – Dr Nicola Maddox, RCP Resident Doctor Committee representative, Peninsula
13:55	Acute kidney injury at the front door Dr Lynsey Webb FRCP, consultant in acute medicine and nephrology, deputy medical director, community care group, Royal Devon University Healthcare NHS Foundation Trust
14:30	Alcohol-related liver disease and its complications encountered on the acute take Professor Ashwin Dhanda FRCP, professor of liver medicine, University Hospitals Plymouth NHS Trust
15:05	Infections at the interface: navigating sepsis in renal and liver dysfunction Speaker to be confirmed
15:40	Comfort break
16:00	Session 4 – Through the physician's lens: movement and myocardium Chair – Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn
16:05	Movement disorders in acute care: navigating Parkinson's challenges Dr Sonali Dharia, consultant neurologist, Royal Devon University Healthcare NHS Foundation Trust
16:40	Ischaemic heart disease / myocardial infarction (IHD/MI) management: updates for physicians Dr Mrinal Saha, consultant cardiologist, Gloucestershire Hospitals NHS Foundation Trust
17:15	Conference closing comments Dr Nigel Lane FRCP, RCP regional adviser, Severn
17:20	Close of conference

Please note this programme may be subject to change.

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP

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Your regional representatives in Severn

Regional advisers

Dr Nigel Lane
Dr Andria Merrison
Dr Carolyn Mackinlay

New Consultants Committee

*Vacancy**

SAS Regional Representative Network

*Vacancy**

Resident Doctor Committee

Dr Frederica Betteridge
Dr Aimee Leadbetter

Student and Foundation Doctor Network

Dr Eva Larkai
Naabil Khan
Nicky Ahadi

Lead college tutor

Dr Tina Mehta

Your regional representatives in Peninsula

Regional advisers

Dr Sanjeev Gupta
Dr Roland Boey

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Resident Doctor Committee

Dr Nicola Maddox
Dr Wai Yan Kyaw Nyunt-Thinn
Dr Sophie Goodrun

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Dr Eva Larkai
Naabil Khan
Nicky Ahadi

Lead college tutor

Dr Tina Mehta

*If you are interested in the above vacancies, please get in touch.

Enquiries:

Katie Mollon, regional manager
Email: southwest@rcp.ac.uk
Tel: 0203 075 1390



Regional representatives