



Royal College  
of Physicians

# Update in medicine



**17 June 2026 | Exeter**

CPD code:

**6 CPD  
credits**

Programme

**08:00** Registration and refreshments

**09:00** **Welcome and introduction**

Dr Sanjeev Gupta FRCP, RCP regional adviser, Peninsula

**09:05** **Session 1 – ‘I can’t breathe...’ respiratory challenges**

Chair – Dr Andria Merrison FRCP, RCP regional adviser, Severn

**09:10** **Asthma management: acute/severe update**

Dr Gemma Hayes FRCP, consultant in respiratory medicine,  
University Hospitals Plymouth NHS Trust

**09:45** **Non-invasive respiratory support: what you really need to know**

Dr Katrina Curtis FRCP, consultant respiratory physician,  
University Hospitals Bristol and Weston NHS Foundation Trust

**10:20** **ICU for the physician: practical update**

Speaker to be confirmed

**10:55** Comfort break

**11:25** **Session 2 – Acute care and emergency updates**

Chair – Dr Roland Boey FRCP, RCP regional adviser, Peninsula

**11:30** **What else can you do with a medical degree? Win a world cup?**

Dr Lewis Jones, consultant in emergency medicine,  
Royal Devon University Healthcare NHS Foundation Trust;  
team doctor, England Red Roses Rugby team

**12:05** **Haematological emergencies for acute physicians**

Dr Sarah Wheeldon, consultant in haematology and transfusion medicine,  
Royal Devon University NHS Foundation Trust

**12:40** **RCP update**



13:00	Lunch
13:50	<p><b>Session 3 – From ascites to acute kidney injury: diagnostic pitfalls and infectious mimics</b></p> <p>Chair – Dr Nicola Maddox, RCP Resident Doctor Committee representative, Peninsula</p>
13:55	<p><b>Acute kidney injury at the front door</b></p> <p>Dr Lynsey Webb FRCP, consultant in acute medicine and nephrology, deputy medical director, community care group, Royal Devon University Healthcare NHS Foundation Trust</p>
14:30	<p><b>Alcohol-related liver disease and its complications encountered on the acute take</b></p> <p>Professor Ashwin Dhanda FRCP, professor of liver medicine, University Hospitals Plymouth NHS Trust</p>
15:05	<p><b>Infections at the interface: navigating sepsis in renal and liver dysfunction</b></p> <p>Speaker to be confirmed</p>
15:40	Comfort break
16:00	<p><b>Session 4 – Through the physician's lens: movement and myocardium</b></p> <p>Chair – Dr Carolyn Mackinlay FRCP, RCP regional adviser, Severn</p>
16:05	<p><b>Movement disorders in acute care: navigating Parkinson's challenges</b></p> <p>Dr Sonali Dharia, consultant neurologist, Royal Devon University Healthcare NHS Foundation Trust</p>
16:40	<p><b>Ischaemic heart disease / myocardial infarction (IHD/MI) management: updates for physicians</b></p> <p>Dr Mrinal Saha, consultant cardiologist, Gloucestershire Hospitals NHS Foundation Trust</p>
17:15	<p><b>Conference closing comments</b></p> <p>Dr Nigel Lane FRCP, RCP regional adviser, Severn</p>
17:20	Close of conference

**Please note this programme may be subject to change.**

Any presentations shown at this event have been produced by the individual speakers. As such they are not owned by, and do not necessarily represent the views of, the RCP



## Your regional representatives in Severn

### Regional advisers

Dr Nigel Lane

Dr Andria Merrison

Dr Carolyn Mackinlay

### New Consultants Committee

*Vacancy\**

### SAS Regional Representative Network

*Vacancy\**

### Resident Doctor Committee

Dr Frederica Betteridge

Dr Aimee Leadbetter

### Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

### Lead college tutor

Dr Tina Mehta

## Your regional representatives in Peninsula

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Dr Nicola Maddox

Dr Wai Yan Kyaw Nyunt-Thinn

Dr Sophie Goodrun

### Student and Foundation Doctor Network

Dr Eva Larkai

Naabil Khan

Nicky Ahadi

### Lead college tutor

Dr Tina Mehta

\*If you are interested in the above vacancies, please get in touch.

### Enquiries:

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