



SAS forum: Life as an SAS doctor

30 June 2026 | Virtual

14:00	Welcome and introduction Chair – Dr Heather Sullivan Specialty doctor in diabetes and endocrinology, Mersey and West Lancashire Teaching Hospitals NHS Trust
14:05	Session 1: Celebrating the SAS pathway
14:10	Working as an LED doctor – what it’s really like Dr Samia Rizvi Locally employed doctor, Gateshead Health NHS Foundation Trust
14:20	Redefining the path - a SAS success story in leadership and inclusion Dr Jeenat Khan FRCP Specialty doctor, South Eastern Health and Social Care Trust
14:30	My IMG and SAS career Dr Muhammad Imran Khokhar FRCP Specialty doctor in cardiology, Mid and South Essex NHS Foundation Trust
14:40	Life as an SAS doctor – everyone needs a friend! Dr Helen Yandell FRCP and Dr Sarah Waters FRCP Associate specialists in acute medicine, Somerset NHS Foundation Trust
14:50	Panel discussion
15:05	Comfort break
15:15	Making the most of your appraisal as an SAS doctor Dr Lucy Harding RCP educationalist
15:55	Peer-to-peer discussion An opportunity to reflect on today’s forum and to share experiences and tips with your colleagues <ul style="list-style-type: none">• What has been the most positive aspect of your SAS role in the past year?• How could the RCP better support SAS doctors?
16:10	Closing remarks
16:15	Close

Programme

2 CPD
credits